

STEM Activities at Home with

ND EPSCoR



Calm Down Jar

Supply List



1. Jar with lid
2. Measuring cup
3. Vegetable oil
4. Spoon
5. Paper towel
6. Hot glue
7. Water
8. Glitter of your choice



Complete the activity along with us.
Scan the QR code to watch the
video of the activity!



Share your STEM learning with us! Let us know how it went!

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